

Employee Assistance Program

CONFIDENTIALITY ASSURED

Whether you are an employer or an employee, all contacts and discussions with CIHS are kept strictly confidential. No information will be released to anyone without your written permission. You can rest assured knowing that your needs will be taken care of quietly, with trust, and with the utmost confidentiality.



OUR EAP PROGRAMS ARE
CUSTOM DESIGNED TO MEET
YOUR OWN UNIQUE NEEDS!

For more information or for a confidential appointment, give us a call today. We have caring professionals ready to help.

(360) 261-6930

www.cihealthservices.com

Contact Information

By Phone

(360) 261-6930

or

(855) 303-4834



By Fax

(360) 748-4480 / (844) 554-3370



Office Locations

Cowlitz County

1128 Broadway Street
Longview, WA 98632

Lewis County

1707 Cooks Hill Rd
Centralia, WA 98531

**COMMUNITY
INTEGRATED**
Health Services

Employee Assistance
Program
(EAP)



Employee Services

- Stress Management
- Easing the stress of staff reductions or organization's fast growth
- Communication Skills
- Conflict Resolution
- Mental Health Consultation Services
- Organizational Skills
- Drug & Alcohol Recovery Referrals
- Vocational Assistance
- Individual Counseling
- Trauma Debriefings
- Family Counseling
- Separation & Divorce
- Parent & Child Problems
- Relationship Issues
- Grief & Loss
- Depression & Anxiety

Our Employee Assistance Program offers up to 6 sessions during each contracted year paid by the employer.

All services must include the employee.



“Helping employees to lead more productive lives at home and at the workplace.”

Counseling

We understand that many people try dealing with problems on their own. Turning to therapy can sometimes be a difficult step. Community Integrated Health Services can help. Our caring professionals can assist with any difficulty that you or someone in your family may be experiencing. We will build on your strengths and help you find solutions. Our services are tailored to meet your personal needs and are always confidential.



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