



Community Integrated Health Services (CIHS) is open to serve you out of 10 locations in our five-county service area. CIHS provides in-office & community-based behavioral health services.

### General Outpatient Services

(available in all five counties)

- Services for adults, children, and families in need of behavioral health support

### Flexible Assertive Community Treatment (FACT)

(available in Cowlitz, Grays Harbor, and Lewis Counties)

- FACT provides 24/7 and after-hours services for people with mental health needs and a history of multiple visits to an ED, inpatient psychiatric hospitalizations, and/or contacts with law enforcement related to their behavioral health challenges.

### Substance Abuse Program

(available in Cowlitz, Grays Harbor, Lewis and Pacific Counties)

- SUD outpatient and intensive outpatient program provides SUD assessments and coordinates detox and residential inpatient placements. Services for adults and youth.

### Trueblood Jail Diversion

(available in all five counties)

- The Trueblood Jail Diversion team engages and assesses incarcerated individuals with mental health issues to assist them in setting up basic needs, meeting court requirements, and developing healthy practices in order to reduce recidivism.

### Jail Transition and Opioid Outreach

(available in Cowlitz, Grays Harbor, and Pacific Counties)

- Jail Transition works with arrested and incarcerated individuals needing behavioral health care, providing interim assessment and therapy, and helping them transition to a provider in the community.

### Peer Bridgers

(available in all five counties)

- Provide lived-in support, guidance, and hope to those discharging from Western State Hospital.



Scan for office locations

# Call Today!

## (360) 261-6930

[www.cihealthservices.com](http://www.cihealthservices.com)

## Our Programs

### Wraparound with Intensive Services (WISe)

(available in all five counties)

- WISe provides 24/7 and after-hours services in the home to support youth with intensive mental health needs and their families.

### School-Based Services

(available in Cowlitz, Lewis, and Pacific Counties)

- By referral, in-person counseling provided in the school setting.

### School-Threat Assessment Care Coordination (S-TACC)

(available in Cowlitz and Lewis Counties)

- Behavioral health monitoring of a child expelled from having made targeted threats of violence toward the school or community (services are provided in home or via telehealth).

### Employee Assistance Program (EAP)

(available in Cowlitz, Grays Harbor, and Lewis Counties)

- Our Employee Assistance Program provides up to 6 free confidential counseling sessions to help employees deal with family, work, and other life challenges. This is a contracted employer-paid program.

### Intensive Residential Treatment (IRT)

(available in Cowlitz and Lewis Counties)

- IRT provides 24/7 and after-hours services for people who are discharging from Western State Hospital or residential mental health facilities and need assistance with transitioning to the community.

### Medications for Opioid Use Disorder (MOUD) - COMING SOON

(check to see if it is in your area)

- MOUD is an approach to opioid use treatment that uses FDA-approved medications as the treatment for people diagnosed with opioid use disorder.

### OUR SERVICES ARE AVAILABLE IN-PERSON AND VIRTUALLY.

CIHS provides in-person services whenever possible. We also offer Telehealth virtual services to individuals covered by Medicaid for mental health, substance use treatment, and assessments.